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### **4-H DAY AT THE BANGOR STATE FAIR**

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**Saturday, August 1 2009**  
**3:00 - 5:00 PM**

All 4-Hers and youth interested in learning more about 4-H are invited to come to 4-H Day at the Bangor State Fair on Saturday, August 1.

Come join us for an afternoon of fun, games and demonstration. Prizes will be presented.

#### **Scheduled Activities**

Watermelon Seed Spitting Contest	Frog Jumping Contest
Clover Hunt	Prizes in the Haystack
Egg and Spoon Race	Three-Legged Race
Water Balloon Toss	Sack Race
Cupcake Walk	Water Relay
Soda Bottle Relay	Clothespin in the bottle

Pie Tasting Contest (4:00 PM - judging). Any 4-Her can enter a two-crust pie.

Further events will be announced at the Fair.

Call for more information and your free admission ticket to 4-H Day, Penobscot County Extension at 1-800-287-1485. 4-Hers get in free this day with their membership card. Rides are not included.

**JOIN US FOR A DAY OF FUN!**